



---

# **UMOJI Faith-Based Reintegration & Empowerment Curriculum**

**For Submission to Oregon Department of Corrections**

**Prepared by:** UMOJI (umojienergy@gmail.com, 503-479-5493)

**Contact:** The Umoji Founders and Community

**Location:** PO BOX 1082, Albany, OR 97321

**Website:** [www.umojienergy.com](http://www.umojienergy.com)

---

# Overview

UMOJI's Faith-Based Reintegration & Empowerment Curriculum is a trauma-informed, Christ-centered, multicultural program designed to empower justice-impacted adults with the skills, support, and community connections needed for successful reentry. The curriculum blends spiritual growth, conflict resolution, mediation, life skills, cultural celebration, and leadership development, with a focus on restorative justice and community-building.

---

## Program Structure

- **Format:** Weekly sessions (90–120 min each), 12–24 weeks (adjustable for facility needs)
  - **Facilitators:** Trained UMOJI volunteers, DOC-approved faith leaders, peer mentors
  - **Methods:** Interactive workshops, group discussions, role play, mediation exercises, Bible study, project-based learning, and cultural celebrations
  - **Participant Outcomes:** Improved self-awareness, conflict resolution skills, spiritual growth, leadership, practical skills for reentry, and stronger community ties
- 

## Curriculum Components

### 1. Spiritual Growth & Bible Study

- Weekly Bible study (thematic, trauma-informed, multicultural)
- “Let’s Talk” Mediation: Biblical models of reconciliation and forgiveness
- Prayer, worship, and journaling

### 2. Neighbor-to-Neighbor Mediation & Conflict Resolution

- **Interactive Mediation Training:**
  - “Let’s Talk Mediation” – communication skills, active listening, emotional intelligence
  - **Win/Win Solutions:** Problem-solving, empathy, and restorative dialogue
- **Role Play:** Real-life scenarios for mediation and de-escalation
- **Peer Mediation Certification:** Participants earn “UMOJI Ambassador Ranger” credentials

### 3. Life Coaching & Personal Development

- **Life Mapping:** Setting goals, identifying strengths, and building resilience

- **Purpose Discovery:** Faith-based exploration of calling and service
- **Re-entry Planning:** Building support systems, accessing resources, and setting up for success post-release

#### 4. Skills Training

- **Job Readiness:** Resume building, interview practice, workplace communication
- **Financial Literacy:** Budgeting, saving, and planning for the future (Dave Ramsey model)
- **Digital Literacy:** Basic computer skills, digital safety, and job search tools

#### 5. UMOJI Ambassador Ranger Training

- **Leadership & Service:** Training in peer mentorship, community stewardship, and volunteerism
- **Restorative Justice:** Understanding justice, equity, and repair in community contexts
- **Community Service Projects:** Planning and leading initiatives inside and outside the facility

#### 6. Cultural & Community Celebrations

- **Juneteenth:** History, significance, and celebration of freedom and resilience
- **Kwanzaa:** Principles of unity, self-determination, and collective work
- **Harvest Banquet:** Gratitude, abundance, and sharing—culminating event for program completion
- **Monthly “Fruits” Themes:** (Optional) Based on UMOJI’s annual framework, e.g., Dream, Power to Love, Community, Tranquility, etc.

#### 7. Family & Community Connections

- **Family Support Sessions:** Maintaining healthy relationships and communication
- **Letter Writing & Virtual Visits:** Practical support for staying connected

#### 8. Reentry & Transition Support

- **Resource Navigation:** Connecting with housing, employment, and community support upon release
- **Peer Mentor Network:** Linkage to UMOJI and partner organizations for ongoing support

---

### Sample Weekly Schedule (12 Weeks)

Week	Theme/Module	Activities/Focus
------	--------------	------------------

1	Orientation & Goal Setting	Welcome, program overview, personal goals, journaling
2	Spiritual Growth & Bible Study	Themed study, group sharing, prayer
3	Mediation: Let's Talk	Active listening, empathy, role play
4	Win/Win Solutions	Problem-solving, restorative justice scenarios
5	Life Coaching & Purpose	Strengths, values, vision boards
6	Skills Training: Job Readiness	Resume, interview, workplace skills
7	Financial Literacy	Budgeting, saving, financial planning
8	Digital Literacy	Basic computer skills, online safety
9	UMOJI Ambassador Ranger Training	Leadership, service, peer mentoring
10	Cultural Celebration: Juneteenth	History, group celebration, creative expression
11	Cultural Celebration: Kwanzaa	Principles, community-building activities
12	Harvest Banquet & Graduation	Gratitude, testimonials, awards, next steps

*Modules can be adapted, expanded, or condensed as needed.*

---

## Volunteer & Participant Requirements

- **Volunteers:** Complete DOC application, background check, orientation, and UMOJI facilitator training
- **Participants:** Voluntary enrollment, agreement to program guidelines, commitment to respectful participation

---

## Outcomes & Evaluation

- **Certificates:** Completion, mediation, and UMOJI Ambassador Ranger credentials
  - **Feedback:** Pre/post surveys, participant testimonials, DOC staff input
  - **Tracking:** Progress logs, recidivism reduction, community engagement post-release
- 

## Supporting Partners & Resources

- **Faith-Based Partners:** Local churches, Kairos Prison Ministry, Ecumenical Ministries of Oregon, Prison Fellowship
  - **Community Partners:** Goodwill, Oregon Food Bank, Dress for Success Oregon, Opportunity Oregon, etc.
  - **Resource Materials:** Bibles, workbooks, mediation guides, digital literacy modules, financial literacy curricula, celebration kits
- 

## Contact & Next Steps

For implementation, partnership, or further customization, contact UMOJI at [umojienergy@gmail.com](mailto:umojienergy@gmail.com) or (503) 479-5493.

---

**This curriculum is designed to be flexible, trauma-informed, and responsive to the needs of Oregon's incarcerated population, with a strong emphasis on faith, empowerment, and community restoration.**

---